

Lead-Follow Instruction Student Handout

Audi Club SoCal provides training in high performance driving so our members can become better, more aware, and safer drivers in their everyday life.

OBJECTIVES

- Introduce new drivers to the track configuration and safety features.
- Demonstrate the club's recommended path around the track the driving line.
- Teach driving techniques the proper use of steering, brakes, and throttle.
- Drive at a pace appropriate to each student's ability.

PROCEDURES

Pre-Session Before each driving session your instructor will:

- Ask about questions, problems, or concerns.
- Explain the **purpose** of this L-F session.
- Review on-track **procedures** related to safety, driving line, and following distance.

On-Track your instructor will:

- Point out the arrangement and safety features of the track during your first session.
- Set an example by driving the ideal line around the track.
- Teach driving techniques.
- **Observe** your driving and provide feedback both during and after the session.
- **Control** speed to ensure safety. You must drive the line correctly before your instructor will increase the pace.

Post-Session After each session, your instructor will:

- Address any questions you may have.
- Provide specific feedback based on the instructor's observations.
- You should be prepared to **discuss**:
 - What challenges did you experience this session?
 - What did you learn this session?
 - Why is your group driving the path ("line") being taught?
- Your instructor will tell you what to expect in your next session.

PREPARATION Your instructor/s will review these items at the start of the event:

- Describe where you and will **meet** in the parking area before going to the track.
- Ask you about the **condition** of your car, tires, and brakes.
- Explain how to adjust your seating position.
- Explain how to use the radio intercom.
- Explain the terminology your instructor will use.
- Review the hand signals instructors use to reinforce their instructions see handout.
- Review the safety **flags** used by the track to communicate with cars see handout.
- Describe the **following** distance between cars on track. It should feel quite close as if you are tailgating another car on the freeway.
- Explain how group-to-group passing works.
- If your instructor has more than one student, explain how rotation within your group works.
- Review what you should do if you have a problem or get separated while on track.
- Describe how to find the restrooms, where to get lunch, buy gasoline, get air for your tires, and who to see if you need additional help.